

Quw'utsun Sta'lo' Skweyul / Cowichan River Day

Schedule of Events for September 25, 2022

Station One: Central Park, corner of Stanley Rd and Lake Cowichan Rd, across from Riverside Inn, Town of Lake Cowichan

Previous site, Lakeview Park, has been closed, all activities relocated to Central Park

Host / Performer	Activity	Time
River Paddlesports	Free introduction with experienced instructors to whitewater paddlesports, lifejackets provided	10-3:00
Save Our Holmes Society	Booth and art activities	10-3:00

Station Two: Saywell Park, South Shore Road, downtown Lake Cowichan

Host / Performer	Activity	Time
Cowichan Community Choir	River songs led by music director Cari Burdett	11:00
Cowichan Lake and River Stewardship Society	Ribbon of the River art display, Gerald Thom native plant garden tours, and tours of the riparian area	10-3:00
Catalyst Paper	Cowichan weir tours	10-3:00
Mosaic Forestry	Learn about trees and take a tree home	10-3:00
CVRD and Partners	Display and Q/A by representatives	10-3:00
Cowichan Search and Rescue	Sharing tips on water safety	10-3:00
Amanda Sylvester, Cowichan Tribes member	Sharing the healing power of water, and make a bath bomb to take home	10-3:00
Stella Johnny, Cowichan Tribes member, cultural teacher	Cultural cleansing with Cedar brushing and healing water	10-3:00

'Hwiemtum, Fred Roland, cultural teacher	Sharing Cowichan stories and other teachings	10-3:00
Invasive Species Council	Providing information in what you can do regarding invasives on your property	10-3:00

Station Three: Stoltz Pool, Cowichan River Park, West Riverbottom Road, between Stoltz Road and River Valley Road

Host / Performer	Activity	Time
Beverley McKeen	Live music	11:00
Cowichan Community Choir	River songs led by music director Cari Burdett	12:30
BC Parks	Face painting, Gerry the Moose and a booth with nature games and information on BC Cowichan Parks projects	10-3:00
Wildsafe BC	Bear and cougar safety walk and a booth to learn about outdoor safety	10-3:00
Discourse News	Booth and interviews about water issues	10-3:00
Department of Fisheries and Oceans Canada	Make a fish print, make a salmon lifecycle bracelet and interactive displays	10-3:00
Jared Qwustenuxun Williams	Learn some Hul'q'umi'num', our local language, and other activities	10-3:00
Tim Kulchyski, Cowichan Tribes Biologist	Sharing stories, and spear fishing demo	10-3:00

Station Four: Bright Angel Park, 4528 Tigwell Road, Cowichan Station

Host / Performer	Activity	Time
Cowichan Spirit Drummers	Life performance	1:00
Xwulqw'selu Connections	Learn about the water that flows into the Xwulqw'selu Sta'lo, how conductivity offers clues to its origins, and an interactive display about groundwater and the water cycle	10-3:00

Karla Joe, Quw'utsun Weaver	Cedar weaving demonstrations	10-3:00
Cowichan Green Community	Make cordage from invasive species, and contribute to a community collaborative weaving project	10-3:00
Farmland Advantage	Learn about riparian restoration on farms in the Koksilah	10-3:00
Muriel Peter, Cowichan Tribes craft teacher	Make a dream catcher	10-3:00
Della Rice Sylvester	Learn about locally harvested medicines	10-3:00
Koksilah Working Group	Visit with community stream flow monitors and get involved in the watershed	10-3:00
Kathleen Oliver Stroman	Paint a community mural of watershed connections	10-3:00
Elders Tent	Visit with elders	10-3:00

Station Five: Cowichan Estuary Nature Centre / Hecate Park, 1845 Cowichan Bay Road

Host / Performer	Activity	Time
Nice Verdes Band	Live music	11:30
Tzinquaw Dancers	Quw'utsun singing, dancing and drumming	1:00
Cowichan Community Choir	River songs led by music director Cari Burdett	2:00
Cowichan Estuary Nature Centre Society	Guided low-tide beach explorations and self-guided learning activities	11-1:00
Shawn Johnny, Quw'utsun Artist and the Cowichan Community Land Trust	'Healing Water' collaborative community art mural	10-3:00
Herb Rice, Quw'utsun Carver	Carving demonstrations	10-3:00
Somenos Marsh Wildlife Society	Wildwings festival news and freshly released bird checklist	10-3:00

Stuart Pagaduan, Artist of
Quw'utsun Sta'lo' Skweyul
Logo

Preparation for fish smoking , fish identification,
stories of family working together

10-3:00